

Victorian Seniors Festival 2025

CONNECT CREATE CELEBRATE

1-31 October

www.seniorsonline.vic.gov.au/festival





Playdate at the Phee

All-singing, all-dancing school holiday fun for young & old. Presented by All The Queens Men.

- Wed 1 Oct 2025
- 10:30am & 1:00pm
- Phee Broadway Theatre

***Bookings required**

Botanic Gardens Tour

A walking tour of our Botanic Gardens led by one of the garden horticulturalists.

- Thur 2 Oct 2025
- 10:00am - 12:00pm
- Castlemaine Botanical Gardens

***Bookings required**

Castlemaine Mens Shed

Come along and meet the friendly folks at this supportive and encouraging group.

- Fri 3 & 17 Oct 2025
- 9:30am - 12:00pm
- 42 Wimble Street, Castlemaine

No bookings required

Chair Yoga

Gentle beginner yoga with Meera, on a chair or mat.

- Sat: 4, 11, 18 & 25 Oct 2025
- 10:30am - 11:30am
- Castlemaine Community House

***Bookings required**

Bendigo Art Gallery

Excursion to Bendigo Art Gallery. Organised by Get Connected.

- Monday 6 Oct 2025
- 10:00am - 3:00pm
- Bendigo Art Gallery (transport provided)

***Bookings required**

Community Lunch & Mini-Expo

Join us for our popular Seniors Expo at Community Lunch.

Explore a diverse range of stalls showcasing valuable services tailored just for older residents.

Seniors get to enjoy a free meal at Community Lunch, served at 12.30pm.

Drop in any time from 12:00pm – 2.00pm to browse stalls, discover new services and make meaningful connections over a delicious lunch.

This year will also feature some stall holders dedicated to those looking to change careers, or re-enter the workplace.

Dedicated quiet time after lunch from 1.30pm, for those preferring a lower noise environment.

- Tue 7 Oct 2025
- 12:00pm - 2:00pm
- Castlemaine Town Hall

***Bookings required**

Cooking for Blokes

4 week course to help men build their cooking skills.

- Thur 9, 16, 23, 30 Oct 2025
- 1:00pm - 3:00pm
- Castlemaine Community House

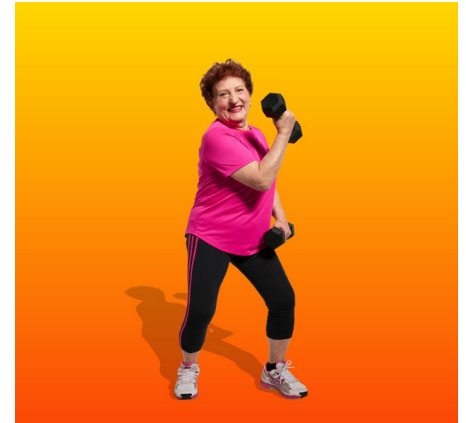
***Bookings required**

The Swinging Sixties

One of Australia's favourite musicians, Wendy Stapleton has a brand new show featuring all her classic songs.

- Thur 9 Oct 2025
- 2:00pm - 3:00pm
- Castlemaine Town Hall

***Bookings required**



Accommodation Options for Retirement & Aged Care Changes

Presentation with Services Australia & Mt Alexander Shire Council.

- Fri 10 Oct 2025
- 10:00am - 12:00pm
- Castlemaine Community House

***Bookings required**

Silver Rainbow Morning Tea

Morning tea at the Ray Bradfield Room for LGBTQIA+ community.

- Fri 10 Oct 2025
- 10:30am - 12:00pm
- Ray Bradfield Room

***Bookings required**

Chatty Cafe BBQ

A relaxed gathering at the Castlemaine Botanical Gardens. Hosted by Get Connected.

- Mon 13 Oct 2025
- 11:00am - 12:00pm
- Castlemaine Botanical Gardens

***Bookings required**

Come & Try - Movement Zone

Join the Silver Tops dance group for a groovy morning.

- Tue 14 Oct 2025
- 11:00am - 12:00pm
- 35 Etty St, Castlemaine

***Bookings required**

End of Life Planning

How can we approach death with creativity, care & a lighter footprint? Presented by Hayley West.

- Wed 15 Oct 2025
- 10:00am - 11:00am
- Castlemaine Community House

***Bookings required**



Planning Ahead

Seniors Rights Victoria presents information on Enduring Powers of Attorney, Supportive Attorney and Medical Decision Making.

- Thur 16 Oct 2025
- 10:00am - 11:30am
- Castlemaine Community House
- *Bookings required**

Genealogy

Donna Steven from Goldfields Libraries will give you the tips and tricks for tracing your family tree.

- Fri 17 Oct 2025
- 10:00am - 11:00am
- Castlemaine Community House
- *Bookings required**

Digital Legacy Planning

Donna Steven from Goldfields Libraries talks you through managing your digital assets when you are no longer able.

- Fri 17 Oct 2025
- 2:00pm - 3:00pm
- Castlemaine Community House
- *Bookings required**

Rainbow Birdwalk

Connect with nature and other LGBTQIA+ folks (& allies!) on our bird watching wander along Campbells Creek Trail.

- Sat 18 Oct 2025
- 9:00am - 11:00am
- Lewis Drive, Castlemaine
- *Bookings required**

Wills & Wishes

A talk about putting in place Wills, Powers of Attorney and Advance Care Directives.

- Mon 20 Oct 2025
- 10:30am - 12:00pm
- Castlemaine Community House
- *Bookings required**

Chatty Cafe

Meet others at the Chatty Cafe in the Castlemaine Community House garden.

- Mon 20 & 27 Oct 2025
- 11:00am - 12:00pm
- Castlemaine Community House
- No bookings required**

Harcourt Bowling Club

Meet new people and try your hand at the relaxing art of lawn bowls.

- Tues 21 Oct 2025
- 10:00am - 12:30pm
- Harcourt Bowling Club
- No bookings required**

Bendigo RSL lunch

Live music & lunch at the Bendigo RSL for veterans & their families.

- Wed 22 Oct 2025
- 10:30am - 2:30pm
- Bendigo RSL (transport provided)
- *Bookings required**

Get Online Week: AI Demystified

Learn the basics of Artificial Intelligence (AI) in plain, everyday language followed by some fun interactive activities.

- Thur 23 Oct 2025
- 10:30am - 11:30am
- Castlemaine Community House
- *Bookings required**

Harcourt Valley Community Lunch

Free lunch for seniors at Harcourt Community House.

- Thur 23 Oct 2025
- 11:30am - 2:00pm
- Harcourt Community House
- *Bookings required**

Silver Rainbow Morning Tea

Morning tea at Aitken's Corner cafe for LGBTQIA+ community.

- Fri 24 Oct 2025
- 10:30am - 12:00pm
- Aitken's Corner Cafe
- *Bookings required**

Mobility Devices & Accessibility Workshop

Explore all the latest mobility scooters, and personal and accessibility aids that can help you as your needs change.

There will be a hands-on workshop to try them out and discuss personal and road safety with an occupational therapist and Victoria Police.

- Mon 27 Oct 2025
- 10:00am - 12:00pm
- Castlemaine Town Hall
- *Bookings required**





Uncle Rick's Waaman Tour

Join Uncle Rick as we explore significant local sites of Jaara people.

- Tue 28 Oct 2025
- 10:30am - 12:30pm
- Visitor Information Centre

***Bookings required**

Castlemaine Pride Life Drawing

Embrace the human body and LGBTQIA+ identities through the art of drawing.

- Tue 28 Oct 2025
- 10:00am - 12:00pm
- Castlemaine Community House

***Bookings required**

Castlemaine Pride Memoir Writing

Memoir writing workshop for LGBTQIA+ people.

- Wed 29 Oct 2025
- 10:00am - 11:00am
- Castlemaine Community House

***Bookings required**

Storyseed

A reading of creative non-fiction by local writers, plus a reflective reading and writing practice.

- Thur 30 Oct 2025
- 10:30am - 12:00pm
- Castlemaine Community House

***Bookings required**

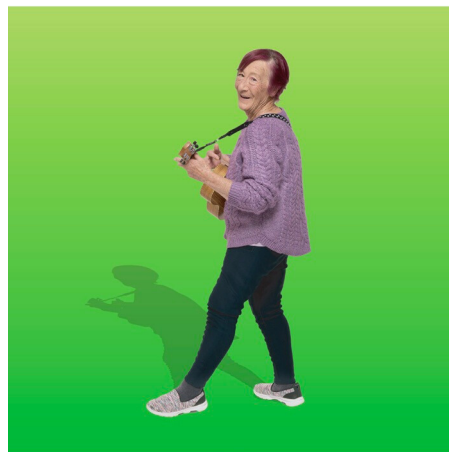
Murnong Mummas Farm Tour

Join us for a tour of the Murnong Mummas farm in Harcourt.

Murnong Mummas is an Indigenous-lead social enterprise involved in the native foods and botanicals sector.

- Fri 31st Oct 2025
- 10:00am - 11:30am
- Murnong Mummas Farm (transport provided)

***Bookings required**



Older Adults Matter Too

While ageing can be a time for some people to slow down and enjoy life more, it also comes with a variety of challenges for both our physical and mental health.

Join us at the Campbells Creek Bowling Club for a relaxed conversation about how to stay aware of our own mental health, and what to look out for in others that we care about.

Guest presenters will talk about local options for staying connected and maintaining a social lifestyle in and around the Shire.

A free BBQ is included. Drinks will be available over the bar at the usual Bowling Club prices.

Facilitated by Jeremy Forbes from HALT.

- Fri 31 Oct 2025
- 6:00pm - 8:00pm
- Campbells Creek Bowling Club

***Bookings required**

Booking information:

Contact Castlemaine Community House to book in to any event.

- Phone 03 5472 4842
- email reception@cch.org.au
- or visit us at 30 Templeton Street, Castlemaine | Monday - Friday | 9am - 3pm

Alternatively, book online at:

www.cch.org.au/community/mount-alexander-seniors-festival

View the full list of events using the QR code:



Look out for special programming or discounts at local businesses and friends of Castlemaine Community House including **Shedshaker Brewery & Taproom, Theatre Royal & Main FM.**